December 11, 2013

Kwey Kakina,

The Kitigan Zibi Cultural Centre is pleased to present its 2014 Annual Old Photos Calendar.

Migwech to everyone who has contributed to this year’s calendar.

Let us strive to have a happy, healthy and peaceful 2014!

Kichi migwech!
JOB OPPORTUNITY

POSITION: Economic Development Agent
LOCATION: Band Office, Community Services Sector
WORK SCHEDULE: Monday to Friday. Occasionally week nights and/or weekends
TERM: Term Contract (January 13-June 2, 2014 with the possibility of renewal to March 2015.)
SALARY: Level 4. Range to be determined

PREAMBLE:

Under the supervision of the Community Services Director, the Economic Development Agent is responsible to actively promote and aid the development of businesses by KZA community members. The incumbent will carry out related support research for KZA business ventures and organize business development workshops and seminars.

If you are interested in applying for this position and are able to demonstrate that you meet the mandatory minimum requirements, please present your: updated resume, police verification form, proof of education/training to attention of Christina Commanda at the Band Office. 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9 by Tuesday, December 17, 2013 at 4:00 p.m. Applications can be left at the front desk if I am in a meeting.

Preference will be given to Kitigan Zibi Anishinabeg Band members in accordance with the Kitigan Zibi Anishinabeg’s Preferential Hiring Policy.
JOB OPPORTUNITY

JOB TITLE: Repatriation Coordinator-Term Contact

LOCATION: Kitigan Zibi Education Sector
54 Makwa Mikan

TERM: January 2014-December 2014

CONDITIONS Generally Monday to Friday. May vary on occasion
35 hours per week.

SALARY: $15.00 an hour

PREAMBLE:
The Kitigan Zibi Education Director seeks a Repatriation Coordinator to
oversee compliance with the Native American Graves Protection and
Repatriation Act. As part of joint initiative with the Cultural Centre and the
University of Montreal, the Repatriation Coordinator will conduct research
and consultation in regards to artifacts and scripts.

JOB TASKS:

Administrative:

- Office skills include but not limited to: word processing, photocopying, filing,
cataloguing, scanning and emailing
- Preparing correspondence and information packages
QUALIFICATIONS AND ATTRIBUTES SOUGHT:

- Able to coordinate and lead special events
- Able to organize cultural activities
- Able to multi-task
- Able to follow deadlines
- Strong work ethics and attendance
- English Essential. Knowledge of Algonquin and/or French an asset.
- Valid Quebec Driver’s License
- Available to start work in January

If you are interested in this type of work please submit your resume and copy of your driver’s license to the attention of Christina Commonda at the Band Office 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9 by Thursday December 19, 2013 at 4:00 p.m. Email: christina.commonda@kza.ca Fax 819-449-5673. If Christina is in a meeting or out of the office-leave your application at the front desk at the Band Office.

Please note that the Kitigan Zibi Anishinabeg has a preferential hiring policy. There will be no interviews. The worker will be hired by “qualifications and attributions sought”.
JOB OPPORTUNITY

POSITION: Casual Employment-Project Animator War of 1812

LOCATION: Kitigan Zibi Education Sector
            54 Makwa Mikan

TERM: January –March 2014 (9 weeks).

SALARY: $15.00 per hour

PREAMBLE:

The Kitigan Zibi Education Sector is engaged in a Project with the Department of Heritage Canada to bring awareness and consciousness to the valiant efforts and contributions of the Kitigan Zibi Anishinabeg in the War of 1812. As part of a greater Algonquin Nation, the knowledge of the land, innate survival instincts and strong sense of humanity has saved countless lives. Events will be planned to respond to multi lingual needs such as Algonquin, English and French.

JOB TASKS:

Administrative:

- Office skills include but not limited to: word processing, photocopying, scanning and emailing
- Attendance tracking of events
- Report writing

Coordination:

- Planning, coordinating and hosting events to bring awareness to the War of 1812 to the broader Canadian Population
- Ensuring logistics and resources are made available to support events
- Securing speakers, elders, human resources to host events
- Adheres to allocated budget and timelines
- Attention to scheduling and logistical aspects
**Research:**  
- Archival research and analysis  
- Implementation of NAGPRA regulations, including the development and maintenance of inventories, summaries, notices and supporting documentation  
- Developing and maintaining relationships with local, regional and national representatives regarding NAGPRA sensitive collections,  
- Conducting formal consultations  
- Establishing culturally appropriate guidelines for handling and curatorship of human remains, funerary objects, sacred objects and objects of cultural patrimony, and facilitating visits and transfers.  
- Managing communications with The Kitigan Zibi Education Sector and University of Montreal.  
- Participating in the University’s work in repatriating collections.  
- Organize and facilitate information sessions and/or community events to promote repatriation.

**Qualifications and Attributes Sought**  
- Experience with formal consultation and implementation of NAGPRA an asset  
- Knowledge of the inventory process for human remains and artifact collections, cataloging, collections documentation, determinations of cultural affiliation and publishing formal notices  
- Preference for experience with Culturally Unidentifiable human remains and artifact collections.  
- Post Secondary Education in Anthropology preferred or a combination of experience and education pertinent to repatriation.  
- The ability to work with Microsoft Office Suite (software)  
- Good communication skills and cultural sensitivity  
- Good knowledge of First Nations History and burial practices, customs, ideology and aware of culturally appropriate traditions  
- Valid Driver’s license and ability to maintain throughout project.  
- Police reference Check. Contact the KZPD to acquire a document.

If you are interested in this type of work please submit your: **resume, copy of your education/training credentials and copy of your driver’s license** to the **attention of Christina Commonda at the Band Office 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9.** by Thursday December 19, 2013. at 4:00 p.m. Email: christmas.commonda@kza.ca Fax 819-449-5673. If Christina is in a meeting or out of the office-leave your application at the front desk at the Band Office.

**Please note that the Kitigan Zibi Anishinabeg has a preferential hiring policy.**
JOB OPPORTUNITY

POSITION: Teacher

LOCATION: Pakinawatik School

WORK SCHEDULE: Normally Monday to Friday.

TERM: Indeterminate. 6 month Probationary Period.

ANTICIPATED START DATE: August 2014.

SALARY: As per Teacher's Salary Scale. Information available on the community website www.kza.qc.ca

PREAMBLE:

Under the supervision of the School Principal, the Teacher is responsible to deliver quality preschool curriculum to students according to the approved Education Sector programs. Work includes the evaluation of students, the fostering of a learning environment, classroom management and the development of individualized education plans (IEP)s.

If you are interested in applying for this position and are able to demonstrate that you meet the mandatory requirements, please present your: updated resume, enhanced vulnerability check, proof of education/training to the attention of Christina Comonda at the Band Office. 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9 by Thursday December 19, 2013 at 4:00 p.m.

Only persons meeting the minimum requirements, will be considered for an interview. Failure to provide all the necessary documentation for an official application will be considered incomplete. Incomplete applications will not be granted an interview. Candidates applying via fax or email must ensure their application is received by Christina Comonda on time. Originals will be required at the time of the interview.

Validation will be made of credentials.

Preference will be given to Kitigan Zibi Anishinabeg Band members in accordance to the Kitigan Zibi Anishinabeg's Preferential Hiring Policy.
JOB DESCRIPTION

General information

Job title: Teacher-Pakinawatik School
Sector: Education
Location: Kitigan Zibi Kikinamadinan (School)
Date of job description: December 2013

The Incumbent

Name of incumbent: 
Date of employment: 
Title of supervisor: Principal of KZ School
Name of supervisor: Judy Cote

General Description of the Job

- Under the supervision of the Principal of KZ School, the teacher is responsible to provide instructional services to the designated students.
# Description of the Job

<table>
<thead>
<tr>
<th>Responsibilities</th>
<th>Tasks</th>
</tr>
</thead>
</table>
| Responsible to ensure the delivery of quality instructional services as outlined in the Pakinawatik School curriculum guide as designated. | • Creates a learning environment that allows every child to achieve academic goals that meet grade level expectations and which allow every child to go beyond such goals.  
• Fosters a learning/teaching situation that is founded on mutual respect, love and care through curriculum delivery and daily interaction.  
• Provides additional academic and social support to every child who is experiencing difficulties within the school system.  
• Refers students to the appropriate service where there is a need for specialised academic and/or social intervention.  
• Develops a classroom environment that sets limits of behaviour, which is built on the notion of self-discipline.  
• Establishes and maintain an outgoing record of student progress and achievement to inform of such through report cards, midterm reports, regular phone calls, personal conferencing and other methods.  
• Approaches teaching in a professional manner in all facets. |
| Responsible to take part in other aspects of the school system. | • Participates in bi-weekly staff meetings through direct and full involvement after school.  
• Cooperates with administration and colleagues to ensure that the classroom as well as the school is positive in all of its facets.  
• Acts as an advocate for the school and its program.  
• Brings forward concerns and advances positive approaches that will create a school system that responds to student needs and to community expectations. |
**Description of the Job**

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<td>Responsible to deliver extracurricular programs and activities outside regular school hours to allow students to explore new fields outside their regular academic program.</td>
<td>• Assists and organize sporting activities, school concerts and excursions.</td>
</tr>
<tr>
<td>Responsible to carry out all other related duties, which are required for the effective and positive functioning of the Education sector.</td>
<td>• Keeps abreast of current trends in education in order to ensure that classroom and instructional services remain current.</td>
</tr>
</tbody>
</table>

**Accountability**

- Accountable to provide quality education within the framework of KZ education system.
- Accountable to ensure students are given the opportunities to achieve the highest potential.
- Accountable to ensure that the mission and vision of the school and education system is followed.
- Accountable to abide by the work code of ethics, oath of confidentiality, work policies and guidelines.

**Qualifications**

**Certification and/or level of formal education:**
- Bachelor degree in Education.
- Medical Certificate of good health will be required if considered for the position.
- Enhanced Reliability check for working with a vulnerable population. Contact the Human Resources Coordinator for the forms.

**Skills requirements:**
- Formal recognized teaching skills that have been sanctioned by a university.
- Excellent English communication skills, both written and oral.
- Strong classroom management.
- Ability to work independently or in a team.
- Ability to lead and to model for students.
- Dedication and strong motivation.
- Ability to set objectives, determine goals and focus on the common school vision.
JOB OPPORTUNITY

POSITION: Teacher – Maternity Leave Replacement

LOCATION: Kitigan Zibi Kikinamadinan (School) – Elementary Program

WORK SCHEDULE: Monday to Friday

TERM: Term Contract. January-June 2014

SALARY: As per Teacher’s Salary Scale. Information available on the community website www.kza.qc.ca

PREAMBLE:

Under the supervision of the School Principal, the Teacher is responsible to deliver quality elementary curriculum to students according to the approved Education Sector programs. Work includes the evaluation of students, the fostering of a positive learning environment, classroom management skills and the development of individualized education plans (IEP)s.

If you are interested in applying for this position and are able to demonstrate that you meet the mandatory requirements, please present your: updated resume, enhanced vulnerability check, and proof of education/training (BED) to the attention of Christina Commonda at the Band Office, 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9 by Thursday December 19, 2013 at 4:00 pm.

Only persons meeting the minimum requirements will be considered. Validation will be made of credentials. The form for the enhanced reliability check can be obtained by contacting Christina Commonda.

Preference will be given to Kitigan Zibi Anishinabeg Band members in accordance with the Kitigan Zibi Anishinabeg’s Preferential Hiring Policy.
General information

Job title: Elementary Teacher-Maternity Leave Replacement
Sector: Education
Location: Kitigan Zibi Kikinamadinan (School)
Terms: Term Contract January-June 2014.
Date of job description: December 2013

The Incumbent
Name of incumbent:
Date of employment:
Title of supervisor: Principal of KZ School
Name of supervisor: Judy Cote

General Description of the Job

- Under the supervision of the Principal of the Kitigan Zibi Kikinamadinan (school), the teacher is responsible to provide instructional services to the designated students.
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• Fosters a learning/teaching situation that is founded on mutual respect, love and care through curriculum delivery and daily interaction.  
• Provides additional academic and social support to every child who is experiencing difficulties within the school system.  
• Refers students to the appropriate service where there is a need for specialised academic and/or social intervention.  
• Develops a classroom environment that sets limits of behaviour, which is built on the notion of self-discipline.  
• Establishes and maintain an outgoing record of student progress and achievement to inform of such through report cards, midterm reports, regular phone calls, personal conferencing and other methods.  
• Approaches teaching in a professional manner in all facets.                                           |
| Responsible to take part in other aspects of the school system.               | • Participates in weekly or bi-weekly staff meetings through direct and full involvement after school.  
• Cooperates with administration and colleagues to ensure that the classroom as well as the school is positive in all of its facets.  
• Collaborates with others on staff in professional learning communities.  
• Acts as an advocate for the school and its programs.  
• Brings forward concerns and advances positive approaches that will create a school system that responds to student needs and to community expectations.  
• Treats all students at Kitigan Zibi School as his/her students and looks out for each student's safety and well-being. |
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<td>• Organizes and assists with sports activities, school concerts, and excursions.</td>
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| Responsible to carry out all other related duties, which are required for the effective and positive functioning of the Education sector. | • Keeps abreast of current trends in education in order to ensure that classroom and instructional services remain current.  
• Participates in professional development activities. |

# Accountability

- Accountable to provide quality education within the framework of KZ education system.
- Accountable to ensure students are given the opportunities to achieve the highest potential.
- Accountable to ensure that the mission and vision of the school and education system is followed.
- Accountable to abide by the work code of ethics, oath of confidentiality, work policies and guidelines.

# Qualifications

**Certification and/or level of formal education:**
- Bachelor Degree in Education.
- Enhanced Reliability check for working with a vulnerable population. Contact the Human Resources Coordinator for the forms.

**Skills requirements:**
- Formal recognized teaching skills that have been sanctioned by a university
- Excellent English communication skills, both written and oral
- Strong classroom management
- Ability to work independently or in a team
- Ability to lead and to model for students
- Dedication and strong motivation
- Ability to set objectives, determine goals and focus on the common school vision
POSITION: High School Teacher-Cycle II.

LOCATION: Kitigan Zibi Kikinamadinan (School)

WORK SCHEDULE: Monday to Friday.

TERM: Term Contract February-June 2014

SALARY: As per Teacher's Salary Scale. Information available on the community website www.kza.qc.ca

PREAMBLE:

Under the supervision of the School Principal, the Teacher is responsible to deliver quality high school curriculum to students according to the approved Education Sector programs. Work includes the evaluation of students, the fostering of a positive learning environment, classroom management skills and the development of individualized education plans (IEP)s.

If you are interested in applying for this position and are able to demonstrate that you meet the mandatory requirements, please present your: updated resume, vulnerability check, proof of education/training to the attention of Christina Commonda, christina.commonda@kza.qc.ca 1 Paganakomin Mikan, Maniwaki, Quebec J9E 3C9 by Thursday December 19, 2013 at 4:00 p.m. (Fax-819-449-5673)

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Validation will be made of credentials.

Preference will be given to Kitigan Zibi Anishinabeg Band members in accordance with the Kitigan Zibi Anishinabeg’s Preferential Hiring Policy.
JOB DESCRIPTION

General information
Job title: High School Teacher, Cycle II
Sector: Education
Location: Kitigan Zibi Kikinamadinan (School)
Terms: Term Contract February – June 2014
Date of job description: December 2013

The Incumbent
Name of incumbent: 
Date of employment: 
Title of supervisor: Principal of KZ School
Name of supervisor: Judy Cote

General Description of the Job
- Under the supervision of the Principal of the Kitigan Zibi Kikinamadinan (school), the teacher is responsible to provide instructional services to the designated students.
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• Approaches teaching in a professional manner in all facets.                                                                 |
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- Strong classroom management
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- Ability to lead and to model for students
- Dedication and strong motivation
- Ability to set objectives, determine goals and focus on the common school vision
Popcorn and snacks for sale!!

Lights - Camera - Action!
It's time for

**MOVIE NIGHT**

December 14th at the Hall

The Croods 4:00pm
The Internship 6:00pm
World War Z 9:00pm

Only 2$ per movie!
Gently Used Clothing

DONATIONS

Hey there Kitigan Zibi community members do you have any items taking up room and would like to donate?

Items like: Gently used clothing, shoes, sporting goods, small house hold items, etc...

We will now be accepting donations in our new recycle donation bins located at

313 Fafard Street (Pikwadin building)
*Any questions or concerns please contact Pikwadin Project (819) 441 - 2269
CKWE AIRWAVE
Regular Bingo

Thursday Night Starting at 7:00 p.m.

New Format
1st Regular Game at $100.00
2nd Regular Game at $100.00
3rd Regular Game at $100.00
4th Regular Game at $100.00
5th Regular Game at $100.00
6th Game Jackpot Full Card at $1000.00

One Extra Number will be called after jackpot is won for the consolation prize.

This week's consolation prize is $400.00

Note: The four inside and outside corners will count for a regular bingo. A regular bingo is one line or the four inside or outside corners.

CHOICE OF BINGO PADS        CKWE BINGO OUTLETS
$12.00 pad for 9 faces       KZ Freshmart
$ 8.00 pad for 6 faces       Wabano Gas Station
                                 Hawk's Trading Post
                                 KZ Gaz
                                 Native Express
                                 Star Tobacco
                                 Depanneur Gorley
                                 CKWE Radio Station
                                 Tabage du Centre (Mall)

For any questions please do not hesitate to call Charlie at CKWE (819) 449-5097
Report on Kitigan Zibi Kikinamadınin Fundraiser for the Philippines Disaster Relief

Savannah Commanda’s Walkathon/Spaghetti Supper – $681.00

Grade 1 Class Just Dance – $100.25

Julianne Dumont’s “tape a teacher to the wall” – $314.05

Grade 2 class Movie & Popcorn – $112.00

Sec II Boys’ Floor Hockey Tournament – $245.75

Sec IV Boys’ Pink Hair Challenge – $500.00

All proceeds will go to World Vision Canada and our dollars will be matched by the Canadian government.
**Attention**

INCOME SECURITY RECIPIENTS

Please be advised that the Income Security cheques for January 2014 will be released on;

Friday, December 20, 2013
at 8:30 a.m.

HAPPY HOLIDAYS

Due to the holiday season, the last day for new Income Security Benefits applications for 2013, will be December 20, 2013. Please note that the Health Center will be closed December 25, 26, 27 and January 1 & 2 2014.

If you have any questions please contact Susan at the Health Center 449-5593.
December 9, 2013

KZA Community Round Dance
Saturday, January 18, 2014
KZ School Gym
4:00 pm Prayer
Followed by Pot Luck Feast (Bring food to share)
Round Dancing/Singing until finished
Late night snack

Brought to you by Brighter Futures (with KZ High School Student helpers)
and NNADAP programs
More details to come out in upcoming flyers and a poster

NEED PLACES TO STAY FOR INVITED GUESTS

- Note: During the weekend of this event, all local motels are booked for a hockey tournament in Maniwaki. If you have room for an invited guest/s to stay the night of Saturday, January 18 please call the Health Centre and leave your name and phone number. A fee of $50 (according to KZA Travel Policy) can be paid to you per guest to be billeted in your home. If you can accommodate people in your home for that night, please give us a call 819-449-5593
Rink Update

There are no lights installed at the Rink at this time. The lights are scheduled to be installed during the week of Dec 16th. Therefore, official ice time will only start after the lights are on and all construction is completed. A flyer will go out announcing when it’s open.

Please children, do not walk on the rink with your boots in the warmer weather. You are making little footprints in the ice when it melts and that creates rough ice. We are trying to make really nice ice with the new cement surface, so please do not make footprints on slushy melting ice.

Leave the rink alone when it is not open and the ice is not ready, please. It will be cold enough soon, so please have patience.

KZHSS
THEO FLEURY
WITH KIRSTIE McLELLAN DAY
PLAYING WITH FIRE

CANCELLED

Unfortunately Theo Fleury's presentation will NOT be taking place on December 17 in our community.
Momangipo Kijigad
January 3rd-2014
"Snowflake Day"

Come celebrate an evening of outdoor fun and activities at the community rink

6:00pm-9:00pm

Dog sledding with Expedition Kinew Zibi

Games and races

Bingo

Fireworks 8:30pm

Come have some hot chocolate & hot dogs

Dress for the weather
Children MUST be supervised at all times by a parent or adult guardian
snow sculpture contest

Contest rules:
Sculpture must be made of snow
to enter the contest you must
enter your name and address
at the Health Center by
December 23-2013
Judging will be held on January 2-2014

Winners and prizes will be awarded at
Momangipo Kijigad on
January 3-2013
For more information
Jolene Commandad
819-449-5593
CHRISTMAS
SHOPPING
IN THE CITY
(OTTAWA TRAIN YARDS)

Saturday, December 14, 2013

Bus leaving the Band Office at 8:30 am

Time of return will be decided by the participants on the bus.

WHAT YOU WILL FIND AT THE OTTAWA TRAIN YARDS...

BROUGHT TO YOU BY:
K.Z.H.S.S. - Øde Widókazowin.

For more information call Øde Widókazowin at 819-449-2323
or call the Youth Centre at 819-449-5456.
Hockey Tournament

Monday, December 30th, 2013
12:00 noon-8pm
KZ skating rink

Categories: 10-15 year olds ($2.00/player)
16-Adult ($5.00/player)

*Hockey equipment must be worn*

Players under the age of 18 must have written parental authorization. Players under 18 are **required** to wear a helmet and cage for this tournament.

Great prizes to be won!

Teams will be made in site

Free Hot Dogs and Hot Chocolate

Contact Lisa Commanda for more information (819) 449 5593
Senior Citizens Square Dance Christmas Party

When: Friday, December 20th, 2013
Time: 5:00pm
Place: Community Hall Upstairs

Menu: Potluck, tea, and coffee

Community and family members are welcome. Live entertainment will be provided. For further information or if anyone needs a ride please contact the Health Center at 449-5593.

JANE McGRGOR

Wishing you a Merry Christmas and a Happy New Year!

KITIGAN ZIBI HEALTH CENTER STAFF

This is a NO ALCOHOL event
Diabetes Support Group
Diabetics & Seniors 55+

Date: Thursday December 19, 2013

Time: 7:00a.m.

Place: St. Laurent Centre

Wild About Walking is an extremely successful walking program. Walkers wearing their t-shirts are highly visible while the self-paced one-kilometer route is safe, comfortable, and accessible. The individuals must be in good health and mobile enough to walk.

A lunch will be provided for the ones that are interested in attending, but we need to know as soon as possible if you will attend the lunch.

In order to ensure that we have adequate transportation please call to confirm by December 18th if you plan on going on this trip or leave a message on our voice mail at the Health Center.

****We will be leaving the Community Hall at 7a.m.***

In Health & Friendship

Jane McGregor
DIABETES SUPPORT GROUP BINGO

Diabetics and Seniors 55+

Date: Friday December 13th, 2013
Time: 1:00pm to 4:00pm
Place: Community Hall (downstairs)
Note: Prizes will consist of baskets of vegetables, fruits, and other household items. For K-Z band members only.

For people that need help or a ride to the Community Hall please contact the Health Center at 819-449-5593 and leave your name.

In Health and Friendship
Jane McGregor C.H.N
Detaching with Love

You cannot let yourself become wrapped up in the problems of an addict. You cannot make them stop nor can you control them, that is a choice they must make for themselves. **What you can control is yourself and your reaction to their problems.**

Detaching doesn’t mean cutting a person out of your life or not helping them. It simply means that you will not allow the addict to use you. If they should ask for food, ask what they need and buy it yourself. Never give cash. If they cannot pay their hydro bill and their power gets cut off; do not pay. They must see the consequence of their addiction. If your addicted loved one doesn’t see the problems of his or her addiction early, as time passes the consequences are worse and can result in death. Which consequence would you rather see?

It doesn’t mean that you can’t support them when they are trying to get help for their addictions and on the road to recovery. The loving support of sober friends and family can never be replaced by an institution.

**Al-Anon Meetings - WEATHER PERMITTING**

Al-Anon meetings are meant for families and friends of an addict/alcoholic. It is a place to talk about how addiction has affected your life. It is also a place to get support from members that have experienced addictions in their lives, in some cases they may still be living with an addicted loved one. **If anyone is interested in attending an Al-Anon meeting in Ottawa, please let me know by December 12th, 2013, before 12:00 p.m. There is room for a maximum of 6 people in the Health Center Van. I can be reached at 819-449-5593.**

Migwech
Sandra Tenasco, NNADAP
Whenever we Alateen members met with Al-anon, I felt doubtful. I didn’t think adults could help me in any way, because they were sure to have the same sick attitudes as my alcoholic parents. I would thing to myself, “Oh great, here we go again.”

But I was the one with the sick attitude. I had closed my mind, not only to my parents, but to all adults. I brought this attitude to meetings, so I didn’t learn a thing. I had to deal with my old resentments before I could recognize the wonderful gift of Al-Anon was offering. Here were people who could help me heal the wounds my parents’ drinking had left, and help me to know that it is safe to be a part of my world. It took discipline and courage to stop pushing every adult away, but because I made the effort, I began to see that adults are human, doing the best they can, and I can love them the way they are without having to change them or myself.

*Today’s Reminder*

Al-Anon helps me to see things as they are. The people in my life aren’t the way I sometimes think they should be. With Al-Anon’s help I can love them for who they are, instead of who I then they should be.

> “Life truly lived is a risky business, and if one puts up too many fences against risk one ends by shutting out life itself.”

Kenneth S. Davis

*Excerpt taken from “Courage to Change: One Day at a Time in Al-Anon II”*
GRIEVING AND LOSS SUPPORT GROUP

GOAL OF GROUP: TO HELP PEOPLE WHO ARE EXPERIENCING THE LOSS OF A LOVED ONE

PURPOSE OF GROUP: TO PROVIDE KNOWLEDGE AND SUPPORT

LOCATION: COMMUNITY HALL BASEMENT

Topic for this month: Holidays and Anniversaries:

DATE AND TIME: DECEMBER 19, 2013 at 7:00 pm

Contact person: Chee-Chee Stevens at 819-449-5593 ext. 232
Re: National Aboriginal Hockey Championships - Team Eastern Door and the North Tryout Camp

The 13th Annual National Aboriginal Hockey Championships will be taking place on April 27 to May 3, 2014 in Kahnawake, Quebec. This memo is to officially invite all interested male and female hockey players at the double letter level to make application to Team Eastern Door and The North.

Team Eastern Door and the North will be having their first tryout camp on Saturday, December 28 and Sunday December 29, 2013 at the Kahnawake Sports Complex. Travel date is December 27, 2013. Registration is $50.00. Transportation, meals (except for Dec.28/29, lunch will be served to athletes) accommodations, equipment and overnight costs are the responsibility of the player.

Age group is as follows:

Male: 16-18 years of age.

Female: 15 to 18 years of age.

Schedule: Saturday, December 28, 2013

Female: 10:00am  Male: 11:00am

Sunday December 29, 2013

Female: 1:00pm  Male: 2:00pm

For more information call Kenny Kane at the Kahnawake Sports Complex at 450-638-3311 or Alwyn Morris amorris@morrismohawk.com
1st Annual Winter Ball at the Community Hall on Dec 27th!

Amazing line up of musicians/bands such as:

- Fire Creek Bridge
- Algonquin Avenue
- Strange Brew
- KCB Band
- Eddie Cote
- Tommy Cote
- Michael Buckshot
- Stephanie Tenasco

and many more to come!

Keep on the lookout for the weekly flyers and on our FACEBOOK page (www.facebook.com/kitiganzibiwinterball) for more info and details!

Going to be a GLORIOUS NIGHT of talent all under one roof for ONE NIGHT ONLY!

Alcohol and food will be served and there will be a $5 cover charge at the door.

STAY TUNED FOR MORE INFO AND DETAILS!

Looking for musicians who want to play! For more information or you wish to play the event please contact Cory Whiteduck @ 819-441-2811!
**Azure’s Kitchen**  
**PERSONAL CHEF AND CATERING SERVICES**

**New Menu 2013** Now offering Family Meals to be delivered to your home!

“No time to cook? Let us do it for you!”

CALL TO ORDER THE DAY BEFORE, WILL DELIVER TO YOUR HOME OR BUSINESS.  
819-334-0523

*Also Available to order:* Meat Pies, Chicken Pot Pies, Apple, Cherry, Raisin, Pumpkin, Pecan, and Lemon Meringue. Cream Pies; Chocolate, Vanilla and Banana. 9” Pie for $10.00ea and 6” Pie for $4.00ea

*Ask us about our variety of Christmas Goodies!*

<table>
<thead>
<tr>
<th>Dinner for 1 $10.00</th>
<th>Dinner For 2 $20.00</th>
<th>Dinner for 4 $35.00</th>
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<tbody>
<tr>
<td><strong>Friday December 13th</strong></td>
<td><strong>Monday December 16th</strong></td>
<td><strong>Tuesday December 17th</strong></td>
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<tr>
<td>Lasagna, Fresh Dinner Rolls, with Brownies</td>
<td>Shepard’s Pie, Fresh Dinner Rolls, with Apple Crisp</td>
<td>Spaghetti, Fresh Dinner Rolls, with Coffee Cake</td>
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<tr>
<td><strong>Wednesday December 18th</strong></td>
<td><strong>Thursday December 19th</strong></td>
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<tr>
<td>Veggie Egg Rolls, Won Ton Soup, Chicken Fried Rice, Sweet and Sour Chicken Balls, with Choc Chip Cookies</td>
<td>Hot Chicken on Fresh Texas Toast, Mashed Potatoes, and Sweet Peas, with Chocolate Cake</td>
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<table>
<thead>
<tr>
<th>Friday December 27th</th>
<th>Monday December 30th</th>
<th>Tuesday December 31st</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamburger Steak, Mashed Potatoes, Fried Onions and Mushrooms, with Brownies</td>
<td>Spaghetti, Fresh Dinner Rolls, with Chocolate Cake</td>
<td>Shepard’s Pie, Fresh Dinner Rolls, with Coffee Cake</td>
</tr>
</tbody>
</table>

**Off for the Holidays From the 20th-26th**

**New Menu to be released for Monday January 2nd**
GIFT CERTIFICATES ARE AVAILABLE!

NEW BECOME A MEMBER for $25!
Take advantage and save money on products and services all year long!
- Great as a gift too!!! -

HOLIDAY PACKAGES
TREAT YOURSELF OR A LOVED ONE TO A PERFECT PRESENT!

SANTA’S EXPRESS ............ $65
Express Pedicure
Express Manicure

WARM BY THE FIRE ......................... $80
Spa facial
Radiance eye mask

UNDER THE MISTLETOE .................. $100
Relaxation massage
Radiance eye mask
Paraffin for hands and feet

CHRISTMAS TINSEL .................... $110
Cluster eyelash extensions
Full makeup applied

GET A FREE $20 GIFT CERTIFICATE when you purchase a $100 gift certificate as my gift to you!

Hurry and get a gift anyone would love!

Open for SERVICES up to Sunday, Dec. 22, 10am-5pm.
Open for GIFT CERTIFICATES ON:
Monday, Dec. 23, 10am-5pm & Tuesday, Dec. 24, 10am-2pm.

Renew Beauty will be CLOSED FOR THE HOLIDAY SEASON:
RENEW BEAUTY WILL REOPEN JANUARY 3, 2014.

Happy Holidays!
(Chee) Fernand Carpentier
April 6th, 1944 - November 10th, 2013

I fall asleep in the full and certain hope
That my slumber shall not be broken;
And that though I be all-forgetting,
Yet shall I not be forgotten,
But continue that life in the thoughts and deeds
of those I loved.

We would like to express our deepest appreciation to family, friends and community members for your kindness and generosity during this difficult time. Please accept our heartfelt thanks for the beautiful floral arrangements and expressions of sympathy.

Thank you for the wonderful feast, we are truly grateful for the donations received for the meal:

Connie Brazeau
Jeanette Buckshot
Jacques Groulx
Lise & Germain Jacko
Louise Buckshot
Antoine Jacko
Rita Cheezo
KZ. Police
KZ Freshmart
Debbie Whiteduck
Lionel Whiteduck
Caroll Tolley
Dean Tolley
Melodie Meness & Nicole
Jackson
Denise Dumont
Rita & Norman Lachaine
Alice Jacko
Jean-Marc Carpentier
Nicole Lacoursière
Brenda Buckshot
Mary Jane Stevens
Doris Meness
Lucille Hall Mitchell
Georgina McConini
Jolene & Clinton Commando
Daisy Cooko & Peter Towers
Stella Chabot & Jocko Ottawa
Francis Jacko
Verna & Jacques Hamel
Becky Printup
KZHSS
Mugs & Rose Morin
Susanne &
Howard Decontie
Margaret Cote-Kost
Judy and Glen Whiteduck
Aiyyana Maracle

Thank you for the donations from the Band Office staff:
Sandra Ann Tenasco, Tara Commando, Angela Decontie, Billy Ottawa, George Dionne, Florence Cote, Robin Cayer, Christina Commando, Jo-Ann Dumont, Tracy McDougall, Sandy Commando, Marcel Brascoupe, Dolores Odjick, Jean Guy Whiteduck, and Linda Dwyer Commando.

Thank you to the volunteers that helped to serve the delicious meal:
Connie Brazeau, Jeanette Buckshot, Louise Buckshot, Stella Chabot, Rita Cheezo, Jacques Groulx, Kayleen Herodier, Becky Printup and Mary Jane Stevens.

We are truly grateful for the prayers provided by Josee Whiteduck and Peter Decontie, each of your prayers gave inspiration and comfort to everyone present. Our family would also like to give thanks to Joni Ferguson and Cheryl Tenasco, we were deeply touched by the emotional support you have provided to us and your help with the cedar bath ceremony and drum songs.

Thank you to Barbara Tenasco for assisting us with arranging a memorial Mass at Holy Rosary Church and assembling a church choir, please know that you were a tremendous help to us. We would also like to express our most sincere gratitude to the men who gave their assistance as pallbearers: Delbert Budget, Dean Tolley, Frank Stevens, Normand Jacko, François Jacko and John Tenasco.

Our family would also like to thank Bob Cooko for all your prayers performed during the wake and your kind words expressed in remembrance of Chee.

To all those we may have forgotten to mention, Kichi Migwech.

Marilyn, Joanne, Jean-Marc Carpentier, Doris Buckshot and Chee’s daughter Tanya Carpentier-Hastie.